

These shoes were evaluated in quality shoe stores in the San Francisco and Seattle areas. Availability may vary by geographic area. This list does not include all quality shoes, and is only provided as a guideline to help you and your doctor find a shoe that will work well with your orthoses.

Exercise Walking / Running

Aetrex	Rx Runner
Altra	Provision Olympus
Asics Gel	Foundation Kayano
Brooks	Addiction Adrenaline Ariel* Beast* Vapor
Hoka	Bondi Gaviota Sinson
New Balance	\$60 990 1012* 1260 1540*
Nike	Structure Triax
Saucony	Grid Stabil Hurricane Omni

Walking

Aetrex	All Walkers
Brooks	Addiction Walker (Leather)*
Dunham	All Walkers
Hoka	Bondi Leather
New Balance	Postal 706 813 847 928*
SAS	Time Out(m) Free Time(w)
Saucony	ProGrid

Trail Running / Light Hiking

Asics	GT-2000
Brooks	Adrenaline Cascadia
Hoka	Sky Kaha Sky Toa
Keen	Targhee II (2)
Merrill	Chameleon Moab
New Balance	852 978 1210
Oboz	Sawtooth

Cross Trainers / Aerobics

Adidas	Barricade
Asics	Gel-Resolution
K-Swiss	Bigshot Light
New Balance	768 1296
Nike	Resistance Vapor Zoom
Prince	T-22

Basketball

Adidas	Dame Marquee Boost
Nike	Kyrie Zoom

Extra-Depth Shoes[®]

Aetrex Apex Dr. Comfort Drew Orthofeet P.W. Minor
Soft Spot

Dress Shoes—Women: Heels, Flats, Casual

Aetrex Aravon Ariat Beautifeel Blend Cole-Haan Dansko
Ecco Finn Comfort Munro Naot Ricker Rockport
Salamander Sanita Selby Sudini Taryn Rose Theresia

Dress Shoes—Men

Aetrex Allen Edmonds Cambrian Cole-Haan Dansko
Dunham Ecco Naot Rockport

Sandals

Aetrex Sandalistas Ariat Birkenstock Cambrian
Dansko Finn Comfort Naot Theresia

Rocker-Soled Shoes

Alegria Dansko Hoka

Clogs and Slippers

Nontraditional slippers for support and comfort

Aetrex Krista Alegria Finn Comfort Orb Haflinger Clog
Merrill Jungle Moc Naot Glacier Stegmann Clogs
Timberland Professional

Insoles

To go under orthotic after removing shoe insole

Dr. Scholl's: Air pillow insole Spenco: Flat insole

[®] Best shoe types for use with ProLab AFOs
*Maximum motion control

*Wearing proper shoes is an important part of orthotic therapy.
Always remove the shoe insole before inserting orthotics.*